



RAN-1806000701020001

First Year Post Basic Bachelor of Science (Nursing)

Examination September - 2025

Nutrition and Dietetics

[Total Marks: 35

સૂચના : / Instructions

(1)

નીચે દર્શાવેલ નિશાનીવાળી વિગતો ઉત્તરવહી પર અવશ્ય લખવી.
Fill up strictly the details of signs on your answer book

Name of the Examination:

First Year Post Basic Bachelor of Science (Nursing)

Name of the Subject :

Nutrition and Dietetics

Subject Code No.: 1806000701020001

Seat No.:

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Student's Signature

Q. 1. Write Short answer Type Questions. (Any 5)

(05×01=05)

- Importance of Nutrients
- Source of protein & its functions
- Bitots spot
- Food substitute
- AGMARK
- DASH Diet

Q. 2. Write Short Essay Type Questions. (Any 4)

(04×05=20)

- Explain about nutritional program in India.
- Define nutrition & explain factors affecting nutrition.
- Explain classification of food by chemical composition.
- Explain in detail about menu planning.
- Write difference between kwashiorkor & marasmus.

Q. 3. Write Long Essay (Any 1)

(01×10=10)

- a. Define community nutrition & its importance. (04)
- b. Explain nutritional problem in India. (06)

OR

- a. Define therapeutic diet. (02)
- b. Describe therapeutic diet for diabetic patient. (03)
- c. Elaborate types of dietary modifications. (05)
